



Relief of colds and chest inflammation with *Astragalus adscendens* Boiss

This species is perennial and auto. This plant loses its moisture near the air and turns milky white.

It spends the winter as a complete insect on the branches of the host plant. In the spring, when the weather becomes favorable and the leafy buds grow, the whole insects start to feed on the sap of the host plant.

It contains 41.2% fructose, 2% sucrose, 31.16% polysaccharides (which produce glucose, xylose and mannose due to acid hydrolysis), 3.02% mucilage and gum, and 2.26% ash and recommended as a soothing agent for chest inflammation, shortness of breath, cough and to strengthen the digestive system in traditional medicine.

Today, this plant is considered one of the richest natural sources of fructose production and is of interest because fructose breaks down without insulin (with fructokinase enzyme).

- Among the medicinal properties of *Astragalus adscendens* Boiss, it can be mentioned that it is rich in vitamins. It is also useful for chest and lung diseases, jaundice caused by gall bladder weakness (using this plant with vinegar).
- Prepare an incense from the branches and leaves of this plant and use it to treat colds.

- This plant is very effective for treating flatulence, treating shortness of breath, cough, rickets, anti-diarrhea and dysentery, poisonings (for any type of poisoning, cook the root of *Astragalus adscendens* Boiss, and mix it with olive oil and consume it).
- People who have splenomegaly should prepare and consume a poultice made of ginseng and vinegar. It is a treatment for back pain in girls and a body warmer, and people who have intestinal and duodenal ulcers can dissolve *Astragalus adscendens* Boiss in boiling water and drink a cup of it a day.
- Also, this plant is useful for enema and purification of the brain.
- The medicinal and consumption properties of this plant include its antiseptic properties and its small amount of laxative, strengthening the liver, stomach and intestines, softening the throat and chest, relieving cough, tonic, windbreaker, painkiller and nerve strengthening. It pointed out.
- This plant has fructose and is useful for diabetic patients. Also, it is traditionally used in the preparation of Gaz sweets.