



Fight acne with Beneh.

Acne is a skin disease that affects many people around the world. In order to solve this skin problem, Iranian researchers have tested and confirmed the extract of the medicinal plant "Baneh" during a research activity.

"Acne" is an inflammatory and chronic skin disease that is related to factors such as diet, menstrual cycle, sweating, sunlight, job, mental stress, genetics, drugs, detergents, and cosmetics, and it is one of the most common causes of referral to dermatologists. It counts.

There are drugs to treat this disease, but there is always a need to introduce newer methods to treat it. In this context, herbal products have fewer side effects than chemical drugs and have a better healing effect on the skin.

For the treatment of acne, some plants such as grape root, tea tree oil, saccharomyces and basil can replace treatment with common drugs in mild to moderate acne due to their effectiveness and safety. However, researchers are constantly testing newer plant active ingredients to achieve more definitive treatments for this disease.

The results of the research showed that acne lesions were reduced by 60% in people who used the extract of the medicinal plant Bene. Also, the amount of softness and transparency of the skin was higher in these people. This shows that the extract of the tuber plant can be used as a suitable alternative to chemical drugs for the local treatment of acne.

The findings of the above research, which show the possibility of local treatment of mild to moderate acne with the root extract, have been published in the quarterly magazine "Skin and Beauty", one of the publications published by Tehran University of Medical Sciences.