



Therapeutic applications of the root of Hasan Yusuf plant

Habitat and range of distribution: This plant is distributed in all subtropical regions to regions with a temperate climate, in the mountains of Africa, Nepal, Sri Lanka and Thailand. Hasan Yusuf is widely planted in India.

Description: A perennial aromatic plant with tuberous roots and an erect stem that reaches 60 cm in length.

The taste of the leaves is first very fragrant and delicious, then very burning, and their smell is pleasant and refreshing. Properties: It has an inhibitory activity on the formation of melanin. For this reason, it is used as a skin whitener in the preparation of cosmetics.

It also activates the andyl cyclase reaction, which is an expression of the value of this plant as a dilator, anti-allergic and anti-black water agent.

Hasan Yusuf root reduces blood pressure and is antispasmodic and heart strengthening.

Ingredients: It contains volatile oils and diterpene forskolin, which is responsible for most of the activities of this medicine.